

## TPZ – Dance Pedagogical Certificate of the DBfT

The qualification programme is approved by ta.med e.V., by the Royal Academy of Dance (RAD) and by the zfu,  
extra-occupational and organised in hybrid form (bilingual in German and English)

Possible elective courses: Dance Pedagogue – artistic dance (KT), – in artistic projects in socio-cultural space (KP), – in the professional field (PB)

Duration 9 Month (1 Season) from October 2025 to June 2026, total approx. 250 hours (333UE)  
Mondays via zoom from 10 until 18 o'clock and a presence week in Dortmund (spring 2026)

### 1. COMPULSORY SUBJECTS (KT, KP, PB)

	Content	Learning Outcomes
Fundamentals of Pedagogy / Fundamentals of Psychology of Learning / Ethics / conflict management 40 hours (53 UE)	Pedagogical knowledge for working with children and adolescents <ul style="list-style-type: none"> <li>- Teaching styles and methodology</li> <li>- Age-specific teaching and learning strategies in accordance with students' developmental stages, self-perception and individuality</li> <li>- Dialogical learning, promotion of students' self-competence. Fostering creativity.</li> <li>- Differentiated handling of music, voice and sounds to support understanding</li> <li>- Feedback delivery: positive and proactive feedback, non-violent language</li> </ul>	After successful completion of this seminar unit students will acquire pedagogical / psychological knowledge for working with children and adolescents under consideration of ethical principles

	<ul style="list-style-type: none"> <li>- Class management, conflict management in class</li> <li>- Critical reflection on professional experience and teaching practice</li> </ul>	
<p>Dance medicine 24 hours (32 UE)</p>	<ul style="list-style-type: none"> <li>- Fundamentals of functional anatomy, related to dance: biomechanics and analysis of dance movements from a functional-anatomical point of view</li> <li>- Overview of damage to the musculoskeletal and ligamentous apparatus</li> <li>• First aid measures in case of injuries and rehabilitation options</li> <li>• Understanding of how to deal with students' personal dispositions as well as age-specific motor and anatomical conditions</li> <li>- Nutrition for dancers</li> </ul>	<p>After successful completion of this seminar unit students will acquire basic knowledge of functional anatomy, dance biomechanics and the ability to analyse dance movements from a functional-anatomical point of view.</p>
<p>Basics of business administration / production 16 hours (21 UE)</p>	<ul style="list-style-type: none"> <li>- Legal and organizational aspects in dance education</li> <li>- Basics of cultural policy</li> <li>- Basic knowledge regarding contracts, insurances, KSK, GEMA</li> <li>- Tax guidelines</li> </ul>	<p>After successful completion of this seminar unit students will be able to understand the legal and organizational guidelines in dance pedagogy in Germany.</p>

<p>Dance history 16 hours (21 UE)</p>	<ul style="list-style-type: none"> <li>-Acquisition of knowledge about the history of dance and its insertion in the social, artistic and cultural-political context.</li> <li>-Historical development of the different dance techniques and terminology</li> <li>-Examination of excerpts from international repertoire</li> </ul>	<p>After successful completion of this seminar unit, students will have an understanding of the development of dance and its insertion in the social, artistic and cultural-political context.</p>
<p>Musical Theory 16 hours (21 UE)</p>	<p>Fundamentals of music theory</p> <ul style="list-style-type: none"> <li>- Music history</li> <li>- Dance sequences in relation to meter and rhythm</li> <li>-Music selection to support the required quality of movement</li> <li>-Rhythmic characteristics of dances from music repertoire</li> <li>- Examination of dance and musical styles</li> </ul>	<p>After successful completion of this seminar unit students will acquire knowledge of music theory and history in relation to dance practice.</p>
<p>Speech training and presentation 5 hours (6,5 UE)</p>	<ul style="list-style-type: none"> <li>- Articulation appropriate to the situation as well as a pleasant sounding and resilient voice</li> <li>- Breathing: volume, basal phrases to enhance teaching</li> </ul>	<p>After successful completion of this seminar unit students will be able to understand how to articulate their words while teaching according to the situation in place, to develop a pleasant voice that encourage a safe environment for learning.</p>

<p>Video analysis 5 hours (6,5 UE)</p>	<p>- Analysis and interpretation of dance productions (structure, choreography, lighting, stage design, costumes, music, dramaturgy, criticism, discussion, etc.)</p>	<p>After successful completion of this seminar unit the students will be gain the ability to observe and analyse a dance production</p>
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Total study hours delivery: 122 hours (163 UE)

Alongside, students are expected to complete 8 hours of individual study per week.

## 2. ELECTIVE COURSES

Elective course I. Dance pedagogue in artistic dance (KT)	Content	Learning Outcomes
Psychomotor development of the child 24 hours (32 UE)	<ul style="list-style-type: none"> <li>- Theoretical in depth study related to general pedagogical, educational and scientific principles as well as their embedding in the dance pedagogical activity.</li> </ul>	After successful completion of this seminar unit participants will acquire the ability to adapt the content of the lesson to the psychomotor development level of the students.
Methodology, didactics / lesson structure, planning (Vaganova) 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Target group and subject analysis, development of learning units with different degrees of difficulty and different complexity of the movement material as well as the development of awareness of the space and duration of the movement sequences.</li> <li>- Methodology vs. didactics. Basics of the Vaganova curriculum taking into account training and movement theory (detailed functional explanation of the Vaganova method)</li> <li>- Movement analysis - correction</li> <li>- Building flexibility, strength and endurance</li> <li>- Target group oriented lesson structure and planning of a single lesson up to a whole school year</li> </ul>	Upon successful completion of this seminar unit participants will acquire the ability to create methodological series of exercises appropriately within the respective year levels.
Methodology, didactics / lesson structure, planning (RAD) 26 hours (21 UE)	<ul style="list-style-type: none"> <li>Introducing the Royal Academy of Dance (RAD)</li> <li>- The RAD as an international organisation for dance education and training</li> <li>- History of the RAD and its mission to raise the standards of dance teaching</li> </ul>	Upon successful completion of this seminar unit participants will acquire basic understanding of the RAD as an organisation, RAD exams and training

	<ul style="list-style-type: none"> <li>- RAD Membership as a business model for dance teachers</li> <li>- RAD syllabi and RAD exams</li> <li>- Understanding the link between child development and the RAD syllabi</li> <li>- Overview of the publication <i>Foundations of Classical Ballet Technique</i> (RAD), which defines the basic elements, positions and movements</li> <li>- Teaching practice of development/training exercises working towards set exam work</li> <li>- The importance of continual professional development (CPD)</li> </ul>	<p>and have the opportunity to register as a RAD Teacher.</p>
<p>Choreography, dramaturgy (presentation) 24 hours (32 UE)</p>	<ul style="list-style-type: none"> <li>- Methods for developing creative processes</li> <li>- Conceptualization and implementation of school performances</li> </ul>	<p>After successful completion of this seminar unit participants will acquire various choreographic methods and gain the ability to create an independent choreographic work with an associated narrative.</p>
<p>Work shadowing / teaching assistance, practice at an individually determined school of artistic dance 32 hours (42,5 UE)</p>	<ul style="list-style-type: none"> <li>- Analysis of courses in regard to teaching content and methods as well as teaching strategies for specific teaching and learning situations, with at least two different mentors.</li> <li>- Teaching practice with written preparation (goal, intention, structure, content)</li> <li>- Reflection, Colloquium</li> </ul>	<p>After successful completion of this seminar unit participants will acquire the ability to independently design, deliver and reflect on teaching units.</p>

<b>Elective course II. Dance pedagogue in artistic projects in socio-cultural space (KP)</b>	<b>Content</b>	<b>Learning Outcomes</b>
Psychomotor development of the child or adolescent 24 Stunden (32 UE)	<ul style="list-style-type: none"> <li>- Theoretical in depth study related to general pedagogical, educational and scientific principles as well as their embedding in the dance pedagogical activity.</li> <li>- Cultural reflections of the different population groups and strata as well as their attitude towards dance</li> </ul>	After successful completion of this seminar unit participants will acquire the ability to adapt the content of the lesson to the psychomotor development level of the participants and their social environment.
Choreography / Dramaturgy / Methods for creating movement material 40 hours (53 UE)	<ul style="list-style-type: none"> <li>- Finding processes for the scenic realization of themes and ideas.</li> <li>- Starting from this basic idea - with special attention to artistic expression - methods for the development of creative processes and ways are discussed.</li> <li>- The role of music and light for the production</li> </ul>	After successful completion of this seminar unit participants will acquire different choreographic methods and gain the ability to create an independent choreographic work with an associated narrative.
Operational Project planning 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Target group and subject analysis (socio-cultural environment of the project)</li> <li>- Project management from the application to the realization (artistic - "hourly structure" and organizational)</li> </ul>	After successful completion of this seminar unit participants will acquire the ability to develop and implement a project independently.
Work shadowing / teaching assistance, practice at a location to be determined individually 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Analysis of rehearsal processes with regard to teaching content and methodological procedures, for at least two projects.</li> <li>- conception, development and design of an own dance-pedagogical-choreographic project</li> <li>- Oral and written reflection</li> </ul>	After successful completion of this seminar unit participants will acquire different methodological approaches to be able to independently conduct rehearsals and performances.

<b>Elective course III. Dance pedagogue in the professional field (PB)</b>	<b>Content</b>	<b>Learning Outcomes</b>
Training, Movement Theory 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Target group and subject analysis</li> <li>- Methodology and didactics of the Vaganova curriculum taking into account training and movement theory (detailed functional explanation of the Vaganova method)</li> <li>- application-related movement analysis, -correction</li> <li>- building flexibility, strength and endurance</li> </ul>	After successful completion of this seminar unit the participants will gain the ability to achieve an optimal performance of the dancers through adapted training methods.
Class structure / rehearsal planning 32 hours (42,5 UE)	- Lesson structure, and planning of a single training (taking into account the ongoing repertoire) up to the disposition of both a single production and an entire season	After successful completion of this seminar unit, the participants will acquire the ability to organize the artistic work in consideration of the given scheduling.
Cooperation with the repetiteur 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Different perspectives on the use of music in professional training</li> <li>- Communication through concrete instructions and with the help of music-specific terminology</li> </ul>	Upon successful completion of this seminar unit, participants will acquire the skills to interact professionally with the accompanist.
Work shadowing / teaching assistance, practice at a dance company to be determined individually 32 hours (42,5 UE)	<ul style="list-style-type: none"> <li>- Analysis of the observation with regard to teaching content and methods as well as teaching strategies for specific teaching and learning situations, with at least two different mentors.</li> <li>- "Rehearsal coaching", preparation and re-recording of productions etc. with written preparation (aim, intention, structure, content)</li> <li>- Oral and written reflection</li> </ul>	Upon successful completion of this seminar unit participants will gain an insight into different approaches to training, rehearsals and performances.

Total study hours delivery: 128 hours (170 UE). Alongside, students are expected to complete 8 hours of individual study per week.



**Requirements:** Proof of professional competence: at least 3 years of professional experience as a professional dancer at a municipal or state dance company.

Written application of the participants (CV and letter of motivation) to [geschaefsstelle@dbft.de](mailto:geschaefsstelle@dbft.de) .

The deadline for registration is May 31th, 2025.

The costs of the qualification measure amount to 5.9013,32 euros (a payment in instalments is possible. Further information at [www.dbft.de](http://www.dbft.de)

Contact:

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Subject to changes!  
12.03.2025